



MAY 2024: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
 <p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p><i>Fresh New York Bagel Assortment</i> Cinnamon Raisin (VE) Plain (VE)</p>	<p>Multigrain Oats (V) Honey Graham Cracker (V) Applesauce (VE)</p>	<p>Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</p>
6	7	8	9	10
<p>Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</p>	<p>Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</p>	<p>Egg Omelet on a Fresh NY Bagel (V) Seasonal Fresh Fruit (VE)</p>	<p>Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</p>
13	14	15	16	17
<p>Honey Corn Breakfast Bread (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</p>	<p>French Toast Sticks (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</p>	<p>Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)</p>	<p>Egg and Cheese on a Whole Grain Croissant (V) Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</p>
20	21	22	23	24
<p>Banana Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</p>	<p>Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</p>	<p>French Toast Sticks (V) Seasonal Fresh Fruit (VE)</p>	<p>Egg and Cheese on a Buttermilk Biscuit (V) Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</p>
Memorial Day 27	28	29	30	31
<p>Blueberry Muffin (V) Cheese Stick Choice (V) Seasonal Fresh Fruit (VE)</p>	<p>Buttermilk Pancakes (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)</p>	<p>Egg Omelet on a Fresh NY Bagel (V) Seasonal Fresh Fruit (VE)</p>	<p>Rise and Shine Waffles (V) Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) & Jelly (VE) Seasonal Fresh Fruit (VE)</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go
Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location
Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, Bananas, and Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products