




## SEPTEMBER 2024: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day 2	3	4	First Day of Classes 5	6
<b>Honey Graham Crackers (V)</b>  <b>Milk (V)</b>	<b>Assorted Granola (V)</b>  <b>Milk (V)</b>	<b>Crispy Tortilla (VE)</b>  <b>Salsa (VE)</b>	<b>Cheddar Cheese Stick (V)</b>  <b>Fresh Fruit (VE)</b>	<b>Heart Shaped Pretzels (VE)</b>  <b>Hummus Cup (VE)</b>
9	10	11	12	13
<b>Animal Crackers (V)</b>  <b>Milk (V)</b>	<b>Honey Graham Biscuits (V)</b>  <b>Milk (V)</b>	<b>Yogurt Choice (V)</b>  <b>Blueberry Granola (V)</b>	<b>Mozzarella Cheese Stick (V)</b>  <b>Fresh Fruit (VE)</b>	<b>Multi-Grain Oats (VE)</b>  <b>Milk (V)</b>
16	17	18	19	20
<b>Heart Shaped Pretzels (VE)</b>  <b>Hummus Cup (VE)</b>	<b>Assorted Cereal (VE)</b>  <b>Milk (V)</b>	<b>Animal Crackers (V)</b>  <b>Milk (V)</b>	<b>Colby Cheese Stick (V)</b>  <b>Fresh Fruit (VE)</b>	<b>Honey Roasted Sunflower Seeds (V)</b>  <b>Fresh Fruit (VE)</b>
23	24	25	26	27
<b>Honey Graham Crackers (V)</b>  <b>Milk (V)</b>	<b>Assorted Granola (V)</b>  <b>Milk (V)</b>	<b>Crispy Tortilla (VE)</b>  <b>Salsa (VE)</b>	<b>Cheddar Cheese Stick (V)</b>  <b>Fresh Fruit (VE)</b>	<b>Heart Shaped Pretzels (VE)</b>  <b>Hummus Cup (VE)</b>
30				
<b>Animal Crackers (V)</b>  <b>Milk (V)</b>			<b>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</b>	

<p><b>Milk</b> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>All Fruit Offerings are 1 cup</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Oranges, Mandarins, Pears, Peaches, Bananas, and Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.  
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.