



## JUNE 2024: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	Anniversary Day 6	Clerical Day 7
<p><b>CHEF CHOICE</b> or <b>Pizza by the Slice (V)</b></p> <p>Kid Friendly Kale Salad (V)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE</b> or <b>Chicken Dumplings</b></p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Garlic Teriyaki Green Beans (V)</p> <p>Brown Rice (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE</b> or <b>Manicotti (V)</b> in Marinara</p> <p>Roasted Fresh Tomatoes (VE)</p> <p>Bread Stick (V)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>CHEF CHOICE</b> or <b>Turkey Burger</b></p> <p><b>Turkey Cheeseburger</b> Whole Wheat Bun</p> <p><b>Fish and Cheese Sandwich</b> Whole Wheat Bun</p> <p>Herb Roasted Potatoes (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p><b>Kidney Bean Rajma (VE)</b></p> <p><b>Three Cheese Grilled Cheese (V)</b></p> <p>Kachumber Salad (VE)*</p> <p>Flatbread (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
10	11	12	13	14
<p><b>CHEF CHOICE</b> or <b>French Bread Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>CHEF CHOICE</b> or <b>Veggie Nugget (VE)</b> Dipping Sauce</p> <p><b>Caribbean Style Beef Patty</b></p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>CHEF CHOICE</b> or <b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Crispy Broccoli (V)</p> <p><i>Salad Bar</i> Pizza Bar</p>	<p><b>CHEF CHOICE</b> or <b>Chicken Tender Melt</b></p> <p>Ciabatta Bread</p> <p>Superhero Spinach (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Cajun Pinto Beans (VE)</b> with Brown Rice (VE)</p> <p>Southwest Burrito (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p><i>Salad Bar</i> Fiesta Bar</p>
Eid al-Adha 17	18	Juneteenth 19	20	21

## SUMMER MENU KICKOFF

<p><b>Pizza by the Slice (V)</b></p> <p>Italian Green Beans (VE)</p> <p><i>Salad Bar</i> Pizza Bar (With Balsamic Chickpea Salad)</p>	<p><b>Crispy Chicken Bites</b> with Dipping Sauce</p> <p>Sweet Potato Wedge Fries (VE)</p> <p>Dinner Roll (V)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>Garlic and Tomato Panini (V)</b></p> <p>Lemon Arugula Salad (V)</p> <p>Marinara Sauce (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p><b>Fish and Cheese Sandwich</b> Whole Wheat Bun</p> <p><b>Hamburger or Cheeseburger</b> Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p><b>Mediterranean Wrap (VE)</b></p> <p>Southwest Burrito (V)</p> <p>Green Garden Salad (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
24	25	Last Day of Classes 26	27	28
<p><b>Sicilian Slice Pizza (V)</b></p> <p>Garlicky Green Bean (VE)</p> <p>Seasoned Chickpeas (VE)</p> <p>Frozen Fruit Cup (VE)</p>	<p><b>Chicken Tenders</b> Dipping Sauce</p> <p><b>Veggie Nuggets (VE)</b> Dipping Sauce</p> <p>Hot Confetti Corn (VE)</p> <p>Bread Stick (V)</p>	<p style="color: red;"><b><u>Plastic Free Lunch Day</u></b></p> <p><b>Mozzarella Sticks (V)</b> with marinara sauce (VE)</p> <p>Fresh Broccoli Florets (VE)</p> <p>Garlic Knot (V)</p>	<p><b>Soft Turkey Taco</b></p> <p>Fresh Tomato Salad (V)</p> <p>Brown Rice (VE)</p>	<p><b>White Bean and Pasta Primavera (VE)</b></p> <p><b>Three Cheese Grilled Cheese (V)</b></p> <p>Summer Squash (VE)</p>
<p><b>Monday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Tuesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Wednesday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Thursday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Friday</b></p> <ul style="list-style-type: none"> <li>• Peanut Butter and/or Sunflower Seed Butter &amp; Jelly (VE)</li> <li>• Hummus and Crackers (V)</li> <li>• Hot or Cold Cheese Sandwich (V)</li> </ul>

**Milk**

1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)

Alternative options are available upon request

**ATTENTION:**

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available

**Seasonal Fresh Fruit**

Apples, Apple Slices, Oranges, Peaches, Mandarins, Watermelon, Pears, Bananas, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

\* Recipes created in collaboration with OFNS and the Chef Council

- **Vegan Item (VE):** A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- **Vegetarian Item (V):** A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products